

# Jump Start 2012 with YogaSoul Pilates

*The year of possibility and creating your intention for a healthy, wellness-based year!*

Available January 7—January 31, 2012

## Incredible Offers!

Begin your year with two opportunities each week to work and strengthen your body and core through Pilates:

- one weekly Pilates Reformer session
- one weekly Pilates Mat class

Try this for 5 weeks and start to see results and feel better!

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Get a 5 session package on the Pilates Reformer for \$250 (a savings of \$125!)

Add a 5 class pass for \$60 (a savings of \$15!)

(5 class pass offer only valid with 5 session Pilates Reformer package special)



## Keep Fit and Happy

Take advantage of special offers and maintain your fitness routine throughout the year!

